



Good News From...

Soul Food Unity Ministry

“The Word of God is True Soul Food”

~ Charles Fillmore

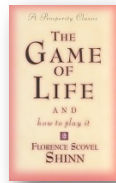
Volume 2

Shining the Light of Truth on Contemporary Issues

June 2010

The Law of Prosperity

The law of prosperity, as taught by Florence S. Shinn in *The Game of Life and How to Play It*, is having faith in God as our abundant Source and to express that faith through the power of our spoken word. The specific words of a prosperity prayer do not make it effective. It is the conviction, faith, and expectancy behind the words we speak that make it effective. We do not pray to a God who is reluctant for us to have the good we need and desire. God is our ever-present and accessible Source always giving greater good to us. Yet God can do for us only what God can do in and through us. The problem when we're not receiving the prosperous good we desire, is not with God, but with ourselves, with our own level of faith and expectancy.



Prepare for the Good

One way we can express our faith is by making preparation before receiving our good, even when there is no sign of it in sight. If we expect the good to manifest, we must prepare for it in advance just as the Lord told Elisha to tell the Kings to do in 2 Kings 3:17. Called by God to defeat their enemy, the Moabites, the Kings of Judah, Israel, and Edom, all met in the desert. In seven days, they ran out of water and since this was not the rainy season, no pools or wells of

water were available. In spite of feeling they were on a divine mission, the appearance of things was that they were out of water and it filled them with fear and doubt.

Metaphysically the characters and events in this story take place within each and all of us. The Kings of Judah, Israel and Edom all represent our will in service to God. This is the state of being where our will is to do the will of God—to understand it and to have the courage to follow it. The Moabites and their Kings represent aspects of our will still in service to the ego or personal self. This aspect of *personal will* must be defeated or corrected in us and it can feel like a divine mission when it shows up for us to do. Since God's will is good, the appearance of challenges can easily hook our human nature into fear and doubt. It questions why God *let the challenges happen* in the same way the Kings of Judah, Israel and Edom did.

In the midst of their expressions of fear and doubt, the King of Judah asked where they could find a prophet of the Lord. Soon he found Elisha, the student of the great prophet Elijah, who agreed to help them. Elisha was an *ecstatic prophet* which means he was stimulated by music and bodily movements to come into the *Spirit and Power of*

God to receive his word. So Elisha asked for a musician and while the musician played, the ciphher of the Lord *came upon him*. Through him the Lord spoke, “*Thus said the Lord, you shall not see wind, neither shall you see rain, yet make this valley full of ditches that shall be filled with water; so you, your men and your animals shall drink.*” (2 Kings 3:17) They were to dig the ditches even though the sky was clear, the sun was shining and there was no sign of rain in sight.

The prophet Elisha represents the voice of the prophet within us. This is the voice of Truth that always tells us the right thing to say or do. It is always something we can do even though it may not be what we want to do. The voice of the inner prophet will always call us out of our comfort zone. It calls us to the *action of preparation* in spite of our human doubts and fears.

Working With the Law

The Lord represents “Divine Law” at work, as the law of what you believe or expect, is what you receive. A problem for us can be that when we speak the faith-filled word of Truth for ourselves, old limited beliefs, doubt and fear can surge up from the subconscious level of mind. They come up to be on their way out of our consciousness **if** we let them pass without thinking about them again. Like pouring a clean flow of water into a bucket of dirty water until all the dirty water runs out and only clean is left, continue to focus attention on the spoken word of Truth. This inner work of continuing with the word of Truth in spite of the fears and doubts that come up is metaphysical ditch digging.

The Kings and their men dug ditches, preparation for the water’s coming was made. It

rained and the ditches were filled with water! Kings, men and animals had plenty to drink. Likewise, our faithful affirmation of our good, and our preparation in mental and physical ways manifests the good in our lives. It is the *Law* and the law works for us when we work with it.

Practical Application

What form of greater good would you like to demonstrate in your life? Write it down:

In what practical way can you prepare for your good’s arrival?

(If your good is a trip, pack your bags and set them by the door; if it’s money to pay bills, write out the checks, put them in stamped envelopes ready to go when the money arrives, and so forth.) As you prepare, repeat this affirmation at least **100** times a day:

“Infinite Spirit opens the way for me to receive

(Your desired good goes here)

and I am grateful!”

Notice the part of you that is *too lazy* or *too distracted* for you to repeat the affirmation of your good 100 times a day. Dig ditches at this point by continuing with the spoken work of Truth. And don’t forget, “*Let us not grow weary in doing what is right, for we will reap at harvest time, if we don’t give up.*” (Galatians 6:9)

Spiritual Practices for Spiritual Unfoldment

1. Love God with all your heart, acknowledging that God is the only power and that there is no power in effect.

2. Love your neighbor as yourself by refraining from negative judgment and by forgiving **“70 times 7.”**
3. Begin to pour into your consciousness the realization that to those who have the consciousness of abundance will more be given.
4. Demonstrate the attributes of God, not things.

“A full realization of any one of these spiritual practices, living and working with it day after day, and week after week will be sufficient to transform your experience and usher you into the Kingdom of God.”

~ Joel Goldsmith

How Well Do You Listen?

Effective communication and conversation call for a willingness to alternate the role of speaker with that of listener, and occasional *digestive pauses*.

Reflect on these words and then answer the question, *“Am I a good listener?”*

Listening

(Author Unknown)

When I ask you to listen to me and you start giving me advice, you have not done what I asked.

When I ask you to listen to me and you begin to tell me why I shouldn't feel that way, you are trampling on my feelings.

When I ask you to listen to me and you feel you have to do something to solve my problems, you have failed me, as strange as that might seem.

When you do for me what I can and need to do for myself, you contribute to my feelings of fear and inadequacy.

When I ask you to listen to me, listen! All I ask is that you listen, not talk or do...just hear me.

And, if you want to talk, wait a minute for your turn...and I will listen to you!

P.S. Also, remember that God's help, God's guidance and wisdom cannot reach us if we don't listen to God.



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A Prosperity Treatment

Twenty-third Psalm

(Revised)

The Lord is my banker and my credit is good.
He makes me to lie down in the consciousness of omnipresent abundance;
He gives me the key to his strong box,
He restores my faith in his riches;
He guides me in the path of prosperity for his name's sake.
Yea, though I walk in the very shadow of debt,
I shall fear no evil, for Thou art with me.
Thy silver and Thy gold, they secure me.
Thou preparest a way for me in the presence of the collector;
Thou fills my bank account with plenty; my treasure runs over.
Surely goodness and abundance will go with me all the days of my life,
And I shall do business in the name of the Lord forever.

(**Prosperity**, Charles Fillmore)